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Syrian rebels rebel against West

Nearly a dozen faction groups break from main opposition and call for Islamic law in war-torn nation

PAGE 10

MICHAEL J. FOX LANDS ROLE AS ... MICHAEL J. FOX

BELOVED CANADIAN ACTOR RETURNS TO FULL-TIME TV TO PLAY A N.Y. NEWS ANCHOR WITH PARKINSON'S

PAGE 21



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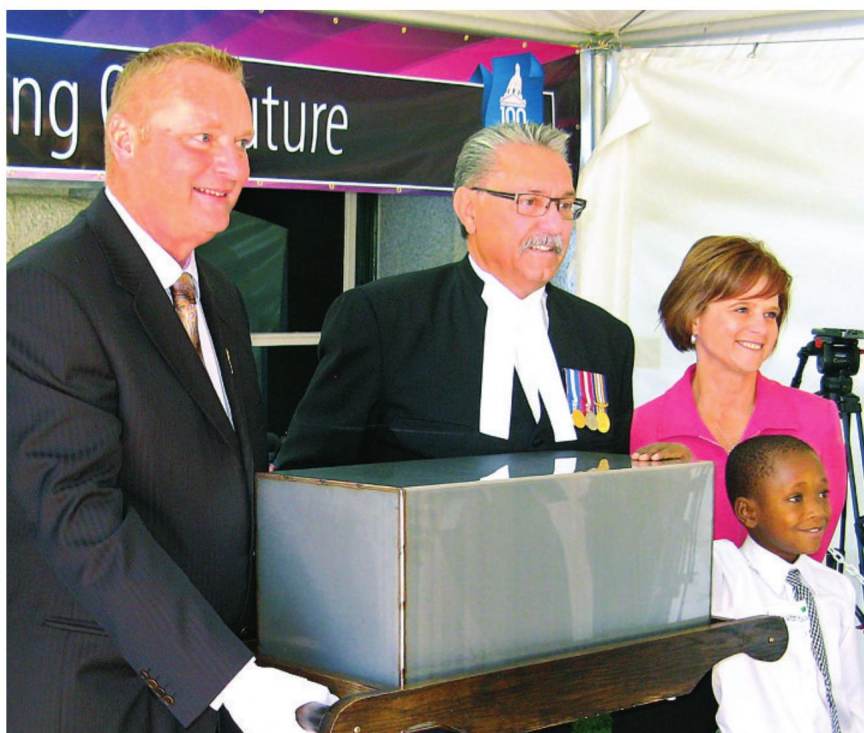
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A MOMENT IN TIME

Alberta legislature Speaker Gene Zwozdesky, second from left, holds up the legislature time capsule prior to setting it in the cornerstone of the legislature building in Edmonton, Wednesday. It will be opened on Sept. 3, 2112, to mark the 200th anniversary of the opening of the legislature building. With Zwozdesky are Infrastructure Minister Wayne Drysdale and Kerry Towle of the Opposition Wildrose party. In front is five-year-old Louvenson Osterhold, invited to represent the future potential of Alberta. For more go to metronews.ca. DEAN BENNETT/THE CANADIAN PRESS

Man charged in child porn case

Young victim.
Six-year-old girl comes forward to parents

**RYAN
TUMILTY**
ryan.tumilty@metronews.ca

A local man has been charged with sexual assault and child pornography offences after a six-year-old girl came forward with the allegations to police.

Police were called in Sunday after the girl informed her parents of the situation and was brought to the Zebra Child Protection Centre. Det. Richard Walton said the young girl's parents have been extremely helpful and helped their daughter through a difficult time.

"The parents did the right thing. They believed her, they listened to her and they called the police," said Walton.

According to police the incidents, which took place between early August and last week, happened at a business

in Edmonton along with places in Edson and Calmar.

Walton said they believe it's possible there are other cases and encourage anyone with any information to come forward.

"This has been very, very challenging for everyone involved including the police," he said.

Staff Sgt. Rob Paton, head of the child protection section, said the accused man knew the family.

"In by far the majority of investigations that are investigated by child protection section, the perpetrator is very well known to the complainant and that's the case in this situation," he said.

Paton said child sexual as-

sault is traditionally very under-reported and they believe more cases could be coming forward because children feel more confident.

"We believe that children are being given a better opportunity. They feel it's easier to talk about what has happened to them to their parents," he said.

William John Brons, 61, who also goes by the name Jack, has been charged with two counts of sexual interference, two counts of sexual assault and one count each of invitation to sexual touching, providing sexually explicit material to a child, making child pornography and possessing child pornography.

Quoted

"In by far the majority of investigations that are investigated by child protection section, the perpetrator is very well known to the complainant and that's the case in this situation."

Staff Sgt. Rob Paton, head of the child protection section

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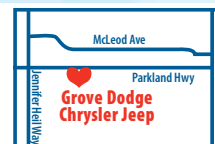


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Screening

Police officer suggests using lie detectors on election hopefuls

A downtown city council hopeful would like to see candidates go through polygraphs and background checks when running for office.

Dexx Williams, an Edmonton police officer running in the 16-person Ward 6 race, announced he would like to see council candidates submit to lie-detector tests to help keep them honest.

"It's kind of along the lines of the whole transparency push," said Williams. "I just feel it would be another layer to that idea."

Williams said police and other agencies use polygraphs during the recruitment process and he sees no reason why they couldn't become part of candidate screening.

"We're expecting people who will be honest and are willing to be accountable for their actions," he said.

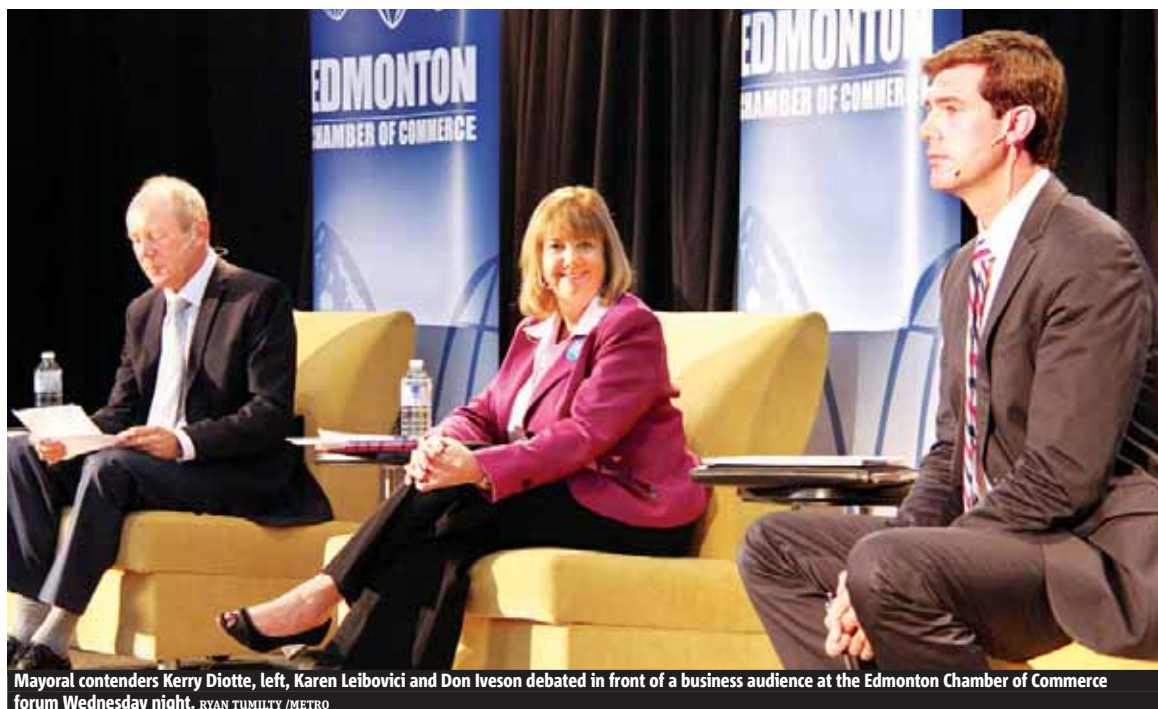
Williams said he knows they could not be made mandatory, but he would submit to both a background check and polygraph and make the result public.

Ken Donaldson, a forensic psychophysiology who runs ITR polygraph in St. Albert, said he could see value in putting candidates through a polygraph.

"I think anybody working in a position of public trust should have back polygraphs done and should have a background check," he said.

Donaldson said there are limitations to polygraphs.

"We can only deal with things that are concrete," he said. **RYAN TUMILTY/METRO**



Mayoral contenders Kerry Diotte, left, Karen Leibovici and Don Iveson debated in front of a business audience at the Edmonton Chamber of Commerce forum Wednesday night. **RYAN TUMILTY/METRO**

Candidates spar in front of business community

Lines drawn. Mayoral contenders debate taxes, budgets and debt



RYAN TUMILTY
ryan.tumilty@metronews.ca

Edmonton's mayoral candidates clashed over taxes, spending and debt Wednesday night, as the fiscal battle lines were drawn in front of the city's business community.

The Edmonton Chamber of Commerce-sponsored forum asked candidates how they would make the city more at-

tractive and efficient, as well as how they would keep taxes low.

Karen Leibovici pushed her plans for a separate city finance committee to constantly review the budget.

"What it's about is ensuring we as council take back the budget, because right now we play around the edges," she said.

Kerry Diotte slammed that idea, saying to keep taxes low a new mayor needs only to start saying no to city administration.

"My opponent is saying that she wants to fight this. On the other hand, she gives permission for administra-

tion to come in way too high," he said.

Don Iveson also criticized Leibovici's proposal, saying a separate budget committee will exclude some councillors and lead to division.

"That's how it works in Toronto and it's cancerous," he said during the debate, but later conceded that might have been a bit harsh.

Leibovici said the new council would need to be cohesive for the city to succeed and she was in the best position to build consensus.

Diotte said he sensed his opponents were marking him as the odd man out, but he was comfortable with the

Decision day

21/10/13

City voters go to the polls on Oct. 21

stands he took on council.

"I could not vote for bad deals, and I could not vote for higher taxation. My opponents could," he said.

Iveson said he would continue to push for diversity in the city's economy.

"I want to make sure that if some day someone comes up with something better than oil, that we have a piece of the action."

11 NEWS

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Ward 10. Mayor Mandel endorses Stephen Walters

While he isn't running in the election, Mayor Stephen Mandel is making his presence known with an endorsement in the Ward 10 race.

Mandel came out in support of candidate Michael Walters on Wednesday. Mandel declined to elaborate on the endorsement, but on Walter's website Mandel said Walters has a strong connection to local communities.

"He understands how communities work at the grass-roots level and how economy, livability and sustainability grow from within our communities," said Mandel.

Walters said Mandel is a champion for the city and he was incredibly pleased to have his endorsement.

"He is very clearly someone who fought the big fights for our city, when it comes to the airport, when it comes to



Mayor Stephen Mandel METRO FILE

the region, when it comes to growth," he said.

Walters said he would be different from Mandel in some ways, but will take the mayor's dedication to improving the city to heart.

"The model that I want to follow is passion for the city and I will be passionate about our city every day," he said.

RYAN TUMILTY/METRO

Northeast Edmonton

Man dies after being struck by car

Edmonton has registered its eighth pedestrian fatality of the year after a man died of injuries after being struck in the city's northeast Monday.

According to the Edmonton Police Service, at approximately 6:28 a.m., a BMW X3 was travelling south on 66 Street and was turning west onto Fort Road. The vehicle allegedly struck a pedestrian who had stepped off the curb.

The collision is under investigation, and police have not ruled out charges against the driver. Police are asking for anyone with information on this collision to call the EPS at 780-423-4567. METRO

See no evil

EPS not seeing synthetic drugs on streets

Edmonton police says they haven't seen any significant amounts of synthetic drugs that might have been responsible for sending two St. Albert teens to hospital on Monday.

"You hear some urban legends from some of the kids we deal with, but we haven't seen anything documented," said Sgt. Mike Hickey, a DARE officer with Edmonton police.

Hickey said the DARE program works with kids to make sure they say no to any kind of illicit substance. METRO



Artist Faye Hourie found graffiti scrawled across much of this art installation, a City of Edmonton and En Masse Project mural. LUCY HAINES/FOR METRO

Lack of respect shown for mural

Downtown. Newly created installation defaced two days after its unveiling

Quoted

"It doesn't happen a lot, but it does happen. There's not much you can do, other than put a coating on it so it's easier to clean off."

Kris Friesen, local artist, about murals he has painted in Edmonton

For artist Faye Hourie, pride in helping create a mural in the downtown has turned to disappointment after finding expletives scrawled across several spots on the art installation just days after the unveiling.

"A lot of talented people worked hard to make the city look better — it's a shame," said Hourie. "Why don't

people go write on the bare cement walls?"

The graffiti has since largely been scrubbed off, after Hourie alerted the Edmonton Arts Council office.

Part of the Open Source Street Art Pilot Program, the two murals under 99 Avenue (at 109 Street) across from the

legislature took two weeks to create, using panels attached to the curves of concrete. Many local artists and street kids took part, creating black and white images including faces, birds, caricatures and a streetcar. The 40-foot-long, 10-foot-high installation adds interest to the bike, walk and streetcar path

that stretches between Old Strathcona and downtown.

At the Capital City Clean-up's most recent unveiling of a Giants of Edmonton mural, program manager Don Belanger said statistics show that murals are a deterrent for graffiti vandalism. "Taggers do tend to respect the art," added city councillor Bryan Anderson.

Hourie said the defacement won't stop her. "I want to see more walls like this downtown," she said.

City residents can report graffiti vandalism by calling 311 or 780-442-5311.

LUCY HAINES/FOR METRO

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Shades of Grey artist Mary Madness, self-professed comic geek, will be creating pop-culture tattoos for customers at this weekend's comic expo. LUCY HAINES/FOR METRO

Let your freak flag fly at expo

Northlands. Sci-fi, horror, comic-book lovers revel in weekend catering to inner geek

Thousands of self-described comic and sci-fi nerds will flock to Northlands this weekend for the second annual Edmonton Comic and Entertainment Expo.

Take Mary Madness, for example, a huge comic-book fan who will be inking pop-culture designs at the expo with eight fellow tattoo artists.

"I met comic-book creator Stan Lee — it was amazing. For me, the geekier the better. I'll be doing a chest piece

Quoted

"The expo has a great vibe — there's a sense of community of every age, and you can be as nerdy as you want to be."

Tattoo artist and comic-book lover Mary Madness

— a big Transformer tattoo — for one guy at the show, and lots of spur-of-the moment signatures that fans get."

Organizers expect more than 24,000 at this year's event, with headliners Christopher Lloyd and The DeLorean, Robert Englund, Jon Heder, and more. More than 200 exhibitors will sell books,

comics and collectibles, too.

For friends Matt Cross, 32, and Steven Kovick, 33, the expo is a must-visit no matter what the lineup.

"But Sons of Anarchy (star) Ron Perlman, that'll be good," said Kovick.

"Comic fans are passionate," said Emily Expo, the '50s-style character with bright red hair and big eyes that has been dubbed the unofficial mascot of the expos in Calgary and Edmonton.

New features at this year's expo include geek speed dating and a two-hour comedy expo-ganza, featuring local folk improv duo Mark Meer and Chris Craddock.

The expo starts at 10 a.m. Sept. 28 and 29 at Northlands Park. LUCY HAINES/FOR METRO

Highwood River

Bridge being taken down as precaution

The Alberta government hopes removing a bridge will help protect the town of High River from future flooding.

The province says crews will start removing the Canadian Pacific Railway bridge over the Highwood River next month. It hasn't carried any rail traffic since 2010.

The bridge, built in 1892, creates a bottleneck in the river.

THE CANADIAN PRESS

'Hello, Area 51.' RCMP dashboard cam captures streaking meteor

Alberta Mounties star-struck by a brilliant meteor streak were delighted to capture the fiery show on their cruiser's dashboard-mounted camera.

Manning RCMP were responding to a chain-reaction crash between two cars and a bear on Sept. 21 when they spotted the massive fireball soaring over the sleepy northern town.

Sgt. Tom Howell jokingly tipped his cap to conspiracy

theories after RCMP released the video Wednesday.

"Hello, Area 51," said Howell as he answered the detachment phone.

While it's more common to spot meteors away from big-city lights, Howell was still awed by the celestial phenomenon.

"Maybe we should be calling the Russians or NORAD on this one," he said.

BRYAN WEISMILLER/METRO

THE SWEET SUCCESS OF WEIGHT LOSS

When it comes to weight control, experts are increasingly putting the spotlight on sugar.

"In fact, mounting evidence points to controlling blood sugar as the key to successful weight loss" says Brenda Watson, naturopathic doctor and best-selling author.

Your blood sugar level is the amount of glucose from the food you eat that is circulating in your bloodstream. It provides energy or is stored for future use. All carbohydrates you eat, with the exception of fibre, are broken down by the body into glucose.

The body only requires 10 teaspoons of sugar per day to perform all its functions, but the average Canadian daily consumption is 26 teaspoons. This is no surprise when you consider that a half-cup of vanilla ice cream contains five teaspoons of sugar while one cup of cooked pasta contains eight.

For weight loss, Watson recommends a daily sugar consumption limit of six to eight teaspoons from all foods. Your body will draw on fat stores for

HOW MUCH SUGAR IS IN YOUR DIET?

Here is an easy equation for calculating how much sugar is in the food you eat. Nutrition Facts tables on packaged products provide carbohydrate and fibre amounts.
(CARBOHYDRATE GRAMS – FIBRE GRAMS) ÷ 5 = # OF TEASPOONS OF SUGAR



CONTRIBUTED

any extra energy it requires and that will lead to weight loss. There are lots of low sugar food options such as lean protein, healthy fats, and virtually all vegetables.

There are also scientifically-proven weight loss products that help balance blood sugar, Watson says. For example, green coffee bean extract gained notoriety when it was featured on Dr. Oz's TV show.

"While I don't believe you can buy weight loss in a bottle, there are certainly products that can help. Green coffee bean is one of them, but I am really excited about a new ingredient called Fraxipure, which is a natural extract from European ash seed. It decreases blood sugar levels, increases fat burning and protects the liver. I recommend Simply Trim because it is the only product to combine green coffee bean extract with this fat-blasting Fraxipure.

"The bottom line — if you balance your blood sugar you will lose weight. How sweet is that?"

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Al-Shabab: Foreigners were a 'legitimate target'

Kenya attack. Somali Islamic extremist group claims they took 'every possible precaution' to separate Muslims from non-believers

Al-Shabab, the armed Somali Islamic extremist group that attacked a shopping mall in Kenya, said Wednesday that foreigners were a "legitimate target" and confirmed witness accounts that gunmen tried to let Muslims go free while killing or taking the others captive.

In an email exchange Wednesday with The Associated Press, al-Shabab said: "The Mujahideen carried out a meticulous vetting process at the mall and have taken

every possible precaution to separate the Muslims from the Kuffar (disbelievers) before carrying out their attack."

According to published accounts, witnesses have said the gunmen rounded up people, asked questions about Islam and told the Muslims to leave the mall.

At least 18 foreigners were killed, including six Britons and citizens from Canada, France, Trinidad, the Netherlands, Australia, Peru, India, Ghana, South Africa and China, when the militants entered the Westgate Mall on Saturday, slaughtering men, women and children with assault rifles and grenades and taking people hostage. The current death toll is 67 and is likely to climb with uncounted bodies remaining



Mary Italo grieves for her son Thomas Abayo Italo, 33, who was killed in the Westgate Mall attack, in Nairobi, Kenya, on Wednesday. Kenyan authorities prepared for the gruesome task of recovering dozens more victims than initially feared after the country's president declared an end Tuesday to the four-day siege of the mall. BEN CURTIS/THE ASSOCIATED PRESS

in the rubble of the Nairobi mall.

Despite their efforts to spare Muslims, some of

those killed were members of the faith. One man, Louis Bawa, whose wife Zahira and daughter Jennah were killed,

told a London newspaper that al-Shabab was "using religion as an excuse to kill people." THE ASSOCIATED PRESS

Asiana Flight 214

U.S. investigating whether airline failed to help families after crash

In the first investigation of its kind, federal transportation officials are reviewing whether Asiana Airlines failed to meet legal obligations to help families of passengers after one of its planes crashed in San Francisco International Airport.

THE ASSOCIATED PRESS

Spain

Judge names 22 rail company officials as suspects in crash

The judge investigating a high-speed train crash that killed 79 people in Spain has named 22 rail infrastructure company officials as suspects. Judge Luis Alaez has asked the Adif officials to come in for questioning.

THE ASSOCIATED PRESS

China

Man gets death for killing child in parking dispute

A Beijing court on Wednesday convicted a man of murder and sentenced him to death for hurling a toddler to the ground in a case that horrified the Chinese public. The two-year-old girl died in a hospital days after the incident.

Her attacker, Han Lei, fled the scene, but police caught him the following day. In court, he said he thought he had been throwing a shopping cart to the ground. THE ASSOCIATED PRESS

Quake survivors struggle for food, shelter



Villagers sit under a tree near the rubble of destroyed homes following an earthquake in the remote district of Awaran, Pakistan, Wednesday.

ARSHAD BUTT/THE ASSOCIATED PRESS

Survivors built shelters with sticks and sheets Wednesday, a day after their mud houses were flattened in an earthquake that killed 285 people in southwestern Pakistan.

While waiting for help to reach remote villages, hungry people dug through the rubble to find food. And the country's poorest province struggled with a dearth of medical supplies, hospitals and other aid.

The quake flattened wide swaths of Awaran district, where it was centred, leaving much of the population homeless. Almost all of the 300 mud-

brick homes in the village of Dalbadi were destroyed.

Noor Ahmad said he was working when the quake struck and rushed home to find his house levelled and his wife and son dead.

"I'm broken," he said. "I have lost my family."

At least 373 people were also injured, according to a statement from the National Disaster Management Authority, which gave the latest death toll. Doctors in the village treated some of the injured, but due to a scarcity of medicine and staff, they were mostly

seen comforting residents.

The remoteness of the area and the lack of infrastructure hampered relief efforts. Awaran district is one of the poorest in the country's most impoverished province.

Just getting to victims was challenging in a region with almost no roads where many people use four-wheel-drive vehicles and camels to traverse the rough terrain.

"We need more tents, more medicine and more food," said a spokesman for the provincial government, Jan Mohammad Bulaidi. THE ASSOCIATED PRESS

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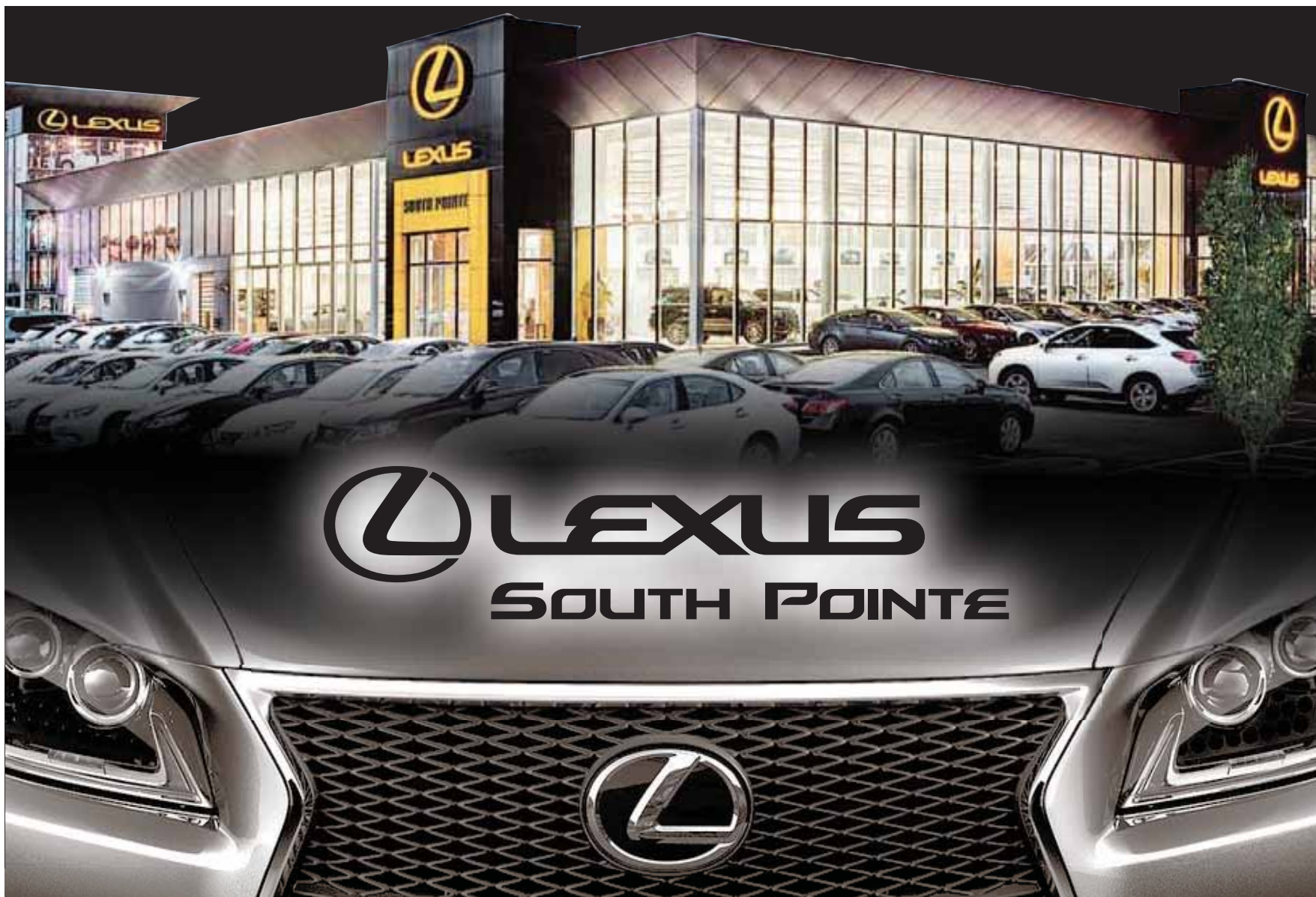
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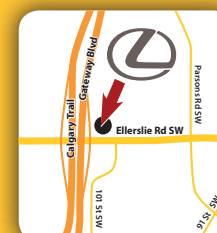


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Syria bombshell. Rebels split, call for Islamic law

Nearly a dozen of Syria's powerful rebel factions turned their backs on the West on Wednesday.

They broke with the main opposition group in exile and called for Islamic law in wartorn Syria.

The split deals a severe blow to the Western-backed coalition fighting President Bashar Assad and gives him fuel for his long-stated contention that his regime is battling Islamic extremists.

It's a momentous public rejection of the Turkey-based Syrian National Coalition — the political arm of the Free Syrian Army rebel group — that has long been



A Free Syrian Army fighter holds his son in the Syrian central province of Hama on Wednesday. THE ASSOCIATED PRESS

accused of being a puppet of the West.

"If the groups involved stand by this statement, I think this could be a very big deal," said political analyst Aron Lund.

"It basically means that some of the biggest mainstream Islamist forces within the so-called FSA are breaking up with the political leadership appointed for them by the West and Gulf states, to cast their lot with more hard-line and anti-Western Islamists."

THE ASSOCIATED PRESS

Toronto link

Ali Mohamed Dirie, a member of the "Toronto 18" terror plot to attack Canadian institutions, has died fighting in Syria, Torstar News Service has confirmed. He was released from prison in 2011.

Water everywhere ... except at home

Dry humour? It's the rainy season and there's flooding in Dakar, Senegal ... but there's no water running from the taps

Would you believe it?

It's the rainy season in Senegal and the capital city, Dakar, is dealing with major flooding.

But ...

For nearly two weeks, Dakar residents have bathed in the ocean, dug makeshift wells along the beach and waited in long lines for distribution trucks.

Water is no longer running from the taps.

Officials blame it all on faulty equipment.

The situation is so bad that President Macky Sall

decided Wednesday to cut short his visit to the United Nations General Assembly to return and address the problem.

As they waited on Yoff Beach for young men to fill plastic basins with water from wells dug in the sand, residents said Sall had better act fast.

The volunteer operators of the wells, made of stones and spare tires, said they were pumping out water for thousands of Dakar residents from 5 a.m. to midnight every day.

"Every day on the radio they say the water will be coming back soon, but the problem still isn't fixed," said 36-year-old Samb Gueye, who brought 10 basins to the beach so her family would be able to cook, clean and bathe.

"I don't know what we'll do if this continues."

THE ASSOCIATED PRESS



Thirsty work: Residents carry home basins of water collected from beach wells in Dakar, Senegal, on Wednesday. REBECCA BLACKWELL/THE ASSOCIATED PRESS

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How to land a billionaire: Berlusconi's girl

Rome. Girlfriend of Italy's former PM has supported the politician through convictions for tax fraud and paid sex with a minor

She's unrelenting

"I sought him out, I courted him, I made him fall in love and I made him my boyfriend.... Practically, I've done everything: He only has to say yes."

Francesca Pascale, Berlusconi's girlfriend

Berlusconi responded to the failure of his second marriage by throwing lavish "bunga bunga" parties for young women.

Pascale said she met "B," as she calls him, in 2006 while working for his political party, although she had him in her sights long before.

"He completely rejected me," she said of her initial volley. "But mine is an unending courtship. It's still going on today."

Pascale professed her love for him in 2009. By then they were close, but she said they never spent time in private together because he was still married.

"He told me: 'Don't even talk about it, you're too young, I can't give you the future you deserve,'" she said.

Finally her persistence paid off; she said Berlusconi gave her a diamond ring on Christmas 2011.

THE ASSOCIATED PRESS

Here's one way to bag a billionaire: Silvio Berlusconi's 28-year-old girlfriend says she courted the 76-year-old former premier relentlessly until he finally surrendered.

Now she's just waiting for him to agree to marry her.

In an interview published Wednesday in the Italian edition of Vanity Fair, Francesca Pascale described two years of pain and jealousy as



A copy of the Italian edition of Vanity Fair magazine featuring Berlusconi and his girlfriend. THE ASSOCIATED PRESS

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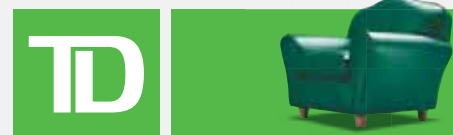
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Smuggling confession fishy to prosecutor

Peru. Guilty pleas by two U.K. women charged as drug mules may be denied; the pleas would lessen their sentences

Peruvian prosecutors said Wednesday that they con-

sider unacceptable the guilty pleas of two young British women caught trying to smuggle 24 pounds of cocaine to Spain in their luggage.

Prosecutor Juan Rosas said that he will ask for a new hearing to give Irish-born Michaela McCollum and Melissa Reid of Scotland the chance to offer a more complete confession. The women

Coerced to spirit cocaine out?

"If they stick to that unbelievable story the prosecution is not going to allow them the benefit of a guilty plea."

Peruvian prosecutor Juan Rosas

pleaded guilty Tuesday to

drug-trafficking charges. If the plea is accepted, they face six years and eight months in prison without possibility of parole. Otherwise, they would go to trial and face a minimum of eight years.

Rosas said that the women, both 20, need to explain why they had claimed they were coerced by a gang of armed men.

THE ASSOCIATED PRESS



Melissa Reid and Michaela McCollum of the U.K., both 20, under arrest on drug charges in Lima, Peru. RODRIGO ABD/THE ASSOCIATED PRESS

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Human-trafficking case

Accused exploited victims as young as 14: Crown in B.C.

The Crown says a man accused of human trafficking lured 11 young women into prostitution by offering them a glamorous life of drugs, booze, and a chance to live in downtown Vancouver.

B.C. Supreme Court was told that Reza Moazami, 29, recruited girls to have sex for money.

THE CANADIAN PRESS

Landis, Sask.

Oil spill a few hundred metres from a village

Hazardous-material crews were cleaning up oil spilled from a Canadian National train that derailed close to a small community in western Saskatchewan Wednesday.

RCMP said 17 rail cars — some carrying flammable petroleum, ethanol and chemicals — came off the tracks near the village of Landis, west of Saskatoon. THE CANADIAN PRESS



Euthanization of stray dogs ruled legal in Romania

A man holds Lucky, a stray puppy he rescued, during a protest against stray-dog euthanasia. The protest took place outside the parliament in Bucharest. Romania's constitutional court has ruled that a bill on euthanizing stray dogs is legal, weeks after a four-year-old boy's fatal mauling in Bucharest prompted the government to bring forward legislation allowing the killing of strays.

VADIM GHIRDA/THE ASSOCIATED PRESS

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Nairobi attack puts spotlight on mall security around the globe

Retail. Industry worries that increasing measures to keep shoppers safe will just scare them away

Some malls around the world have been scrambling to add security guards to look for suspicious people following a deadly attack on a shopping centre in Nairobi over the weekend. But for other malls, it's been business as usual.

The mixed reactions by malls across the globe isn't unusual in an industry whose security efforts vary from unarmed guards in most shopping centres in the U.S. to metal detectors and bag searches in places like Israel to main entrances that resemble airport security lines in India.

The disparity offers a glimpse at why any moves following the Nairobi incident to increase mall security in

countries that have less strict procedures aren't likely to last: The industry continues to struggle with how to keep shoppers safe without scaring them away.

"No one wants, when you go shopping, to be strip-searched, to be interviewed in a room by a security guard," said Simon Bennett, director of the Civil Safety and Security Unit at the University of Leicester in England. "That might be acceptable in aviation, but it is not in commercial retail."

Security concerns come after al-Shabab militants, wielding grenades, took control of Westgate mall in Nairobi, Kenya.

In the U.S., the International Council of Shopping Centers, a trade group of shopping centres representing about one-third of retail space globally, said the U.S. government's Department of Homeland Security is reaching out to corporate security at all malls.



The International Council of Shopping Centers says malls around the world are beefing up private-security personnel or bringing in more off-duty police officers after last weekend's attack on an upscale mall in Nairobi. GETTY IMAGES FILE

At the same time, the group said some of the malls in the U.S. and South Africa are beefing up private-security person-

nel, while others are bringing in more off-duty police officers. Mall of America, the biggest U.S. mall, added extra uni-

formed security officers and stepped up other measures, but officials at the Bloomington, Minn.-based mall declined

to elaborate. "We will ... remain vigilant as we always do in similar situations," said spokesman Dan Jasper. THE ASSOCIATED PRESS

\$11M claim. Ousted CEO of AlarmForce files suit

The recently ousted CEO of AlarmForce Industries has filed a wrongful-dismissal lawsuit against the home-security firm he founded 25 years ago.

Joel Matlin, who was at the company's helm since its inception in 1988 and often the voice and face of AlarmForce in ad campaigns, claims he was dismissed without cause or notice, which goes against the terms of his contract. He's also asking for punitive and aggravated damages because of the way the firing was handled.

"The bad-faith manner of termination above has caused Joel to suffer additional mental distress, damage to his reputation, and aggravated damages beyond his contractual damages for wrongful dismissal," the statement of claim says.



Joel Matlin TORSTAR NEWS SERVICE FILE

The \$11.3-million claim includes \$1.3 million for wrongful dismissal and \$10 million in damages.

None of the allegations in Matlin's suit has been proven in court and may be challenged by the company. AlarmForce was not immediately available for comment. THE CANADIAN PRESS

Offline. 1 in 7 don't use the Internet, survey finds

The Internet has become so entwined in Americans' lives that many might have trouble coping without it. But a new survey found that some 15 per cent of Americans — about one in seven — don't use the Internet at all. Most of them prefer it that way.

The study released Wednesday by the Pew Research Center's Internet and American Life Project also found that another nine per cent of U.S. adults only use the Internet when they are not at home. Adults with lower levels of income and education, as well as blacks and Hispanics, are significantly more likely to rely on Internet access outside of their home, in libraries, at work or elsewhere.

Of the people who don't

Folks who want online

8%

Of the people who don't go online, only eight per cent want to, the poll found.

go online, only eight per cent want to. The rest said they are not interested. Nearly everyone who goes online has broadband access, the report found. Only three per cent of people who use the Internet do so using a dial-up connection.

Internet use has increased steadily since Pew began doing the survey. In 1995, only 14 per cent of Americans said they went online. By 2000, half were online and by 2007, three-quarters.

THE ASSOCIATED PRESS

Mobile. Montreal subway will get wireless network

Montreal's subway system may end up with one of the most advanced wireless networks in the world, equipped with state-of-the-art technology that allows commuters to use cell-phones, laptops and tablets.

Four major telecom companies jointly announced a \$50-million project to provide wireless communications for the Montreal subway, including in stations and tunnels, within seven years.

"The very same high-quality experience that you've been accustomed to above ground will be available underground," said Francois Gratton of Telus, which is co-ordinating the project. Telus, Rogers, Bell and Quebecor's Videotron will share the cost of the project equally.

There are no wireless signals

in the Montreal underground, which serves about 900,000 commuters daily. But with the new system, commuters will be able to text, watch video and download music as they travel from station to station.

THE CANADIAN PRESS



Four telecom companies will kick in to build a wireless network for the Montreal subway. GETTY IMAGES FILE

Los Angeles

School halts iPad use after hacking

It took just a week for nearly 300 students who got iPads from their Los Angeles high school to figure out how to alter the security settings so they could surf the web and access social-media

sites.

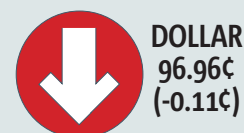
The breach at Roosevelt High and two other L.A. schools has prompted Los Angeles Unified School District officials to halt a \$1-billion US program aimed at putting the devices in the hands of every student in the school system, the Los Angeles Times reported. The district also has banned

home use of the iPads while officials look for ways to ensure students use the devices for school work only.

Students tinkered with the security software on the iPads after "they took them home and they can't do anything with them," Alfredo Garcia, a senior at the school, told the Times.

THE ASSOCIATED PRESS

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VOICES

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A CURE FOR YOUR GOOGLE-EYES

Are you infatuated? Obsessed over another? Stuck on that powerful drug that is both more and less than love? If you're not sure, check for these key signs:

- Your special someone jumps to mind during songs on the radio, including jingles for toilet cleaner. ("He makes me flushed, too!")
 - Something as simple as a Coke bottle reminds you of her. (Or a Coke can; we're body-positive here.)
 - They're the last thing you see when you fall asleep and the first thing you see when you wake up, because you're camped outside their window.
- One item on this list might be OK, even healthy, but if you do all three then you're probably infatuated.

I'm a longtime expert. Even in Grade 3, I would tell my camp counsellor that I had a crush on her, then coyly explain that I only meant Orange Crush, while making moon eyes at her. (Keeping with the pop theme, I turned a shade of Cream Soda.)



HE SAYS

John Mazerolle

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But now, 200 years later, I've realized that infatuation is for kids. It's fun, but so is running around with my arms out making airplane noises. Just because I used to do it doesn't mean I still can, no matter how fun it was.

I had a date last week that went pretty well, but then I got an endorphin rush going, propping me up, up, up... and had to stop myself on the way to Cloud 9 before I spiralled right out of control. It was a close call, but my survival means I can share these tips:

What's love got to do, got to do with it?: Dealing with infatuation

- Determine whether it's love, infatuation or lust. If it's love, you'll be in love. If it's infatuation, you'll Google advice on whether it's infatuation or love. If you can't tell if you have lust, I can't help you. See a doctor.

• Don't try to "accidentally" meet them. Though meet-cutes are a Hollywood staple, in real life, showing up unannounced at

a construction site, airplane cockpit or reactor core is often more trouble than it's worth. If you must, send a Facebook wall message and ask if they're aware of any federal laws and statutes surrounding trespassing at their workplace. Finish with a winkly face!

• Remember a good relationship is a partnership. E.g. If you know the names of the children you're going to have with your new acquaintance/future spouse, then write a list and allow them to choose from several of your ideas. Watch their eyes widen as they come to appreciate what they've found in you.

• Bonus tip for infatuees: Occasionally somebody will be infatuated with you! If that happens, the other person may be very vulnerable and easy to manipulate. That's when you pounce — for a better world. Bite your bottom lip and whisper, "What I'd love is a man/woman who will lobby city hall for a curbside recycling program," or "It'd be so hot to see you and all your friends donate blood."

And those are my tips, gentle readers. I hope you found them helpful. If you need anything else from me, remember I'll be right here — on Cloud 5.

ZOOM

The veiled, unveiled in photos



LYNSEY ADDARIO/NATIONAL GEOGRAPHIC

125 years marked with iconic images from mag's archives

National Geographic is celebrating its 125th anniversary with a special photography edition that features the most iconic images from the magazine's

history. Pictured is a scene from Afghanistan in 2010: Pregnant Noor Nisa, 18, and her mother wait to be driven to hospital, where Noor would give birth to a baby girl.

The issue features National Geographic's most famous photo — the piercing green eyes of Sharbat Gula, a 13-year-old Afghan girl in

Pakistan's Nasir Bagh refugee camp, pictured on the right — which appeared on the magazine's June 1985 cover.

The girl's identity was unknown for 17 years until she was tracked down in 2002. The image was originally placed in the reject pile before being rescued.

METRO



Sharbat Gula NATIONAL GEOGRAPHIC

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

I know how it is. You got home last week with your shiny new copy of GTA V, only to power through it at a tragically swift clip — unable to keep your enthusiasm in check. Well, luckily a lack of gaming self-control is one of the many things your smartphone can paper over for you.

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except securing some real estate near the top of global leaderboards. (iOS, Android/\$1.99)

Slender Rising:

The spooky Slender Man series is the star of countless Watch My Roommate Get Scared YouTube videos, but if you've never tried one of the games, this is the best place to start. Work your way through creepy forests and playgrounds, piecing together the story behind the titular character. Of course, you're being stalked by him the entire time and if he snares you, you're going to lose. (iOS/\$2.99)

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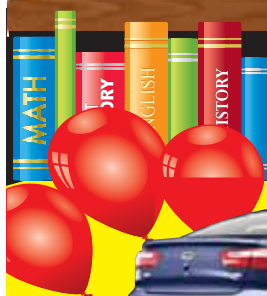
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Thursday, September 26, 2013

Small changes pay off big

EIFF. This year's festival gets overwhelming response from filmmakers for focus on 'street cred' films



JENNIFER LARAWAY
Jennifer Laraway
edmonton@metronews.ca

Last year, Edmonton International Film Festival (EIFF) organizers said they were making changes in an effort to reach more Edmontonians.

It seems their efforts have paid off. "We only had 5,000 people attend when we first started," says Sydney Moule, programming assistant for the festival.

"Other festivals pull big numbers by having celebrities attend, but we continue to focus on independent, 'street cred' films and are getting great feedback."

One measure of success is how eager filmmakers are to participate in EIFF.

Moule's public relations sidekick Karen Gill says EIFF has exploded. "This year, we actually needed volunteers to help us go through all the submissions. We had nearly 950," she says.

"Having so many allowed us to pick a lot of short film packages so we could show them at our Lunch Box theatre."

Gill goes on to explain how last year's changes have come to fruition. "We definitely promoted it more and included more categories."

Combining their areas of expertise, Moule and Gill

The lineup

- More than 57 countries are represented through 950 submissions
- Check out EIFF's short films on YouTube under edmontonfilmfest
- EIFF has been around since 2002

work together to find common themes between all those entries in order to brand and market the 2013 event.

A lot of the submission focused on music with themes of love, aging or truth, the two say.

In all, more than 170 films are being featured during the Sept. 26 to Oct. 5 festival.

Having a killer lineup, talented filmmakers and a signature 24-hour challenge where local filmmakers are given one day to create a movie based on a surprise topic have catapulted EIFF onto the global stage.

"This festival puts Edmonton on level with other cities that have a strong film scene. It puts the filmmakers front and centre, offers them great opportunities for exposure and connections, which is great because for some, this is their only Canadian film festival," Moule and Gill say.

A variety of ticket bundles are available, including all-access passes. Single admission tickets are available day-of through the EIFF Box Office, located in the Empire City Centre 9 Cinemas (10200-102 Ave.).

More film information is available at edmontonfilm-festival.com.



Sydney Moule and Karen Gill are two of the masterminds behind this year's Edmonton International Film Festival, which starts Thursday. COURTESY EIFF



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New show painfully close to Fox's real world experiences

New show. Michael J. Fox makes his first full-time return to television since he left

What happens when you put Michael J. Fox and five Canadian reporters at a table?

Hockey talk.

The Edmonton-born, Bournaby, B.C.-raised actor has lived almost two-thirds of his life in the United States, but while you can take the boy out of Canada, you can't take the Canadian out of the boy.

Though Fox's interview time is carefully limited, there's a full five minutes of chatter about the Leafs, Canucks and his beloved Bruins before everyone gets down to the reason Fox is at the summer network press tour — to promote *The Michael J. Fox Show*. The sitcom premieres Thursday on NBC and Global.

The series has been tailor-made for the actor. Fox stars as Mike Henry, a popular New York news anchor who gave up his job after being diagnosed with Parkinson's disease. Five years later, with his family's support, he decides to go back in front of the cameras. Betsy Brandt (*Breaking Bad*) plays wife Annie Henry, Wendell Pierce (*Treme*) his boss Harris Green. Recurring characters include Anne Heche as a rival news anchor and TV veterans Candice Bergen and Charles Grodin as Mike's parents.



Tracy Pollan, left, Michael J. Fox, and Wendell Pierce star in *The Michael J. Fox Show*. ERIC LIEBOWITZ/THE ASSOCIATED PRESS

Fox teamed with executive producers Sam Laybourne (Cougar Town) and Will Gluck on the project.

"I really wanted to do a show about a guy with Parkinson's," Gluck jokes, "and a couple of people passed."

Gluck and the others see it as a family comedy first, but one absolutely based on Fox's own experiences dealing with Parkinson's. Henry is shown in the pilot scattering instead of serving scrambled eggs and misdialling 911, all played for laughs.

"Mike paid for those experiences," says Gluck, "so they're the intellectual property of Michael J. Fox."

Fox himself stepped away from his last regular series, *Spin City*, in 2000 after going public with his struggles with Parkinson's, first detected a decade earlier.

At the time of the revela-

tion it seemed like a cruel twist of fate for the actor, who was beloved for his Back to the Future films as well as for his run in the '80s as young conservative Alex P. Keaton in *Family Ties*.

Fox came to terms with his situation and became a leading spokesperson for efforts to combat the disease. His Michael J. Fox Foundation has so far funded more than \$350 million in research toward finding a cure.

Spearheading that drive and helping his wife of 25 years, actor Tracey Pollan, raise their four children became Fox's main focus for a decade. When medical advances helped to stabilize Fox's tremor symptoms, the itch to get back on TV began.

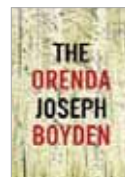
"I just thought, 'Why can't I?'" he says. "I mean, there's no reason not to do it."

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Last Week: 4 / Weeks on List: 3



2. THE LONGEST RIDE Nicholas Sparks

Ira and Ruth. Sophia and Luke. Two couples who have little in common, and who are separated by years and experience. Yet, their lives converge with unexpected poignancy in Nicholas Sparks's new novel, *The Longest Ride*.

Last Week: 16 / Weeks on List: 2

This Week

Last Week Weeks on List

- | | | |
|--|----|---|
| 3. MADDADDAM Margaret Atwood | 3 | 5 |
| 4. THE SILENT WIFE A.S.A. Harrison | 1 | 5 |
| 5. A HOUSE IN THE SKY Amanda Lindhout and Sara Corbett | 2 | 4 |
| 6. NEVER GO BACK Lee Child | 5 | 4 |
| 7. STEVE JOBS Walter Isaacson | 11 | 3 |
| 8. THANKLESS IN DEATH J.D. Robb | 20 | 2 |
| 9. W IS FOR WASTED Sue Grafton | 5 | 2 |
| 10. INFERNO Dan Brown | 20 | 5 |
| 11. THE CASUAL VACANCY J.K. Rowling | 10 | 3 |
| 12. WINTER OF THE WORLD Ken Follett | 8 | 5 |
| 13. GRAIN BRAIN David Perlmutter | 15 | 2 |
| 14. STILL FOOLIN' EM Billy Crystal | 14 | 3 |
| 15. TIME NOW FOR THE VINYL CAFE STORY EXCHANGE Stuart McLean | 18 | 2 |
| 16. THE END OF GROWTH Jeff Rubin | 13 | 4 |
| 17. THE WITNESS WORE RED Rebecca Musser | 17 | 3 |
| 18. LOOPTAIL Bruce Poon Tip | 19 | 2 |
| ★ 19. KILLING JESUS Bill O'Reilly | - | 1 |
| ★ 20. DR. SLEEP Stephen King | - | 1 |

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He has the right to remain funny

Joe Lo Truglio. The State alum talks about joining Brooklyn Nine-Nine and how much of the show is improv and what is written

MATT PRIGGIE
Metro World News

Joe Lo Truglio has a long history playing the law, as seen on Reno 911!, Paul and an episode of Law & Order where he was cast as Policeman No. 2. He also has a past with ensemble comedy, starting with The State and in Superbad, Role Models and Drunk History.

The new Fox show Brooklyn Nine-Nine allows him to do both, as Det. Charles Boyle, one of the bumbling (yet strangely competent) police precinct staffers, alongside Andy Samberg, Terry Crews and Andre Braugher.

How do you balance the detective side of the show with the comedy side?

The characters are good at their jobs, so it was important it looked like we knew

what we were doing.

The detective work gives us an arena, but it's not the centre ring.

The relationships are what's under the big top.

I want to talk about the elephant in the room, but I feel like my circus metaphor is running amok, so I'll stop there.

Can you talk about being a part of comedy groups, rather than as a solo performer?

It's way, way, way better than



Chelsea Peretti, left, Stephanie Beatriz, Terry Crews, Andy Samberg, Andre Braugher, Melissa Fumero, and Joe Lo Truglio make up Brooklyn Nine-Nine. HANDOUT

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going solo.

I've been very lucky. I've had the opportunity to work with an incredible amount of talented people, much more talented than myself.

I believe it's why I do good work. I was learning how to collaborate way back when I started with my dear friends in The State. It was a lesson that I've carried into other projects, and I make decisions on jobs based on whom I'll be working with. Brooklyn Nine-Nine wasn't any different.

How is developing a character over a TV show different than a one-off character in a

TV episode or in a movie?

It's new, so I'm feeling it out, but I love it. You find new things as you go along.

You have the foundation, the basic stuff, then it's kind of like just building wings onto your house.

Before you know it, you're in debt, the pool's been untiled for months, the ... this is a terrible metaphor. I should've went with the circus again.

Do you find you have to pace certain character aspects, and do you keep finding new things about your character as the show goes on?

It's a little bit of both. You

got to plant the big stuff right out of the gate: He's a grinder, he has a crush on Det. Diaz (Stephanie Beatriz,) he's got no social filter. But then there's stuff that reveals why he has certain objectives, certain goals — romantically, professionally — that need to wait.

Inevitable question: How much of the show is improv?

We have terrific writers. But as (showrunners) Mike (Schur) and Dan (Goor) have said, it's crazy to have the type of funny people this show has and not improv. Most of it doesn't get in, but a surprising amount does.

It may be Always Sunny but there is a method to Philly's madness

Interview. Kaitlin Olson, the only chick in one of the rudest, weirdest, most maniacally funny boys' clubs on TV, speaks up about why it all works

ALEXANDRA CAVALLO
Metro World News

When It's Always Sunny in Philadelphia premiered on FX in 2005, it was a sitcom the likes of which basic cable had never seen.

Crude, irreverent to the point of insanity and unapologetically, delightfully offensive, it didn't seem destined for mainstream fame or long-term success. Now in its ninth season, it's still going strong. Kaitlin Olson, who plays Dee Reynolds, opens up about the show's unexpected longevity.



Kaitlin Olson sheds some light on the show's popularity. HANDOUT

What was your initial reaction when you first read Dee's character?

You know, I first read scripts and it was amazing. But the characters I was in love with were the male characters. So when they first offered (Dee) to me I said, 'Listen: I definitely love this show, I love the writing, I love the characters that you've developed — except for the girl character.' And Rob

(McElhenney) said, 'We absolutely want everyone to be interesting and unique and have their own very specific character, but still be funny.' I'm glad that I trusted him, and that he wasn't lying.

All of the characters are despicable but lovable at the same time.

I don't know why they're lovable! I think it's because they're so ridiculous and so

Double edge sword

"I don't know why they're lovable! I think it's because they're so ridiculous and so positive of their convictions — which are ridiculous."

Kaitlin Olson
Talking about why It's Always Sunny in Philadelphia's characters are despicable but lovable at the same time

positive of their convictions — which are ridiculous. And I think I've just decided that underneath it all, Dee is just sort of incredibly insecure, and there's something a little vulnerable in that, which is disarming. I think maybe that's why you don't hate her. She's just trying to scratch her way to the top.

I think maybe it's because you recognize bad parts of yourself in them, but they're so unapologetic that you

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almost respect it.

That's really interesting, because that also kind of describes Rob's personality, and one of the things I love about him. Rob doesn't apologize for anything. And I think that's definitely written into our show. It's unapologetic, and it's stuff you'd never say, but maybe things that you're thinking. Specifically, the first time we did Lethal Weapon 5 — the whole conversation about the blackface?

I mean, I was just watching it from the monitors, but

I was crying. It was so funny to me because they were having a really open, honest discussion about why certain blackface was appropriate.

Was everyone shocked when you and Rob got together?

They were very surprised. Because it's such a stupid idea. Really, it's the dumbest thing we could have done. We were like, 'We can't do this. This is so dumb. We've got this great thing going. We just got a second season. Why are we trying to ruin it?'

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The Kings Of Leon: Back in the saddle

Interview. The one-time biggest band in the world returns with *Mechanical Bull* and talks about their hard partying days and mental breakdowns

RICHARD PECKETT

Metro World News

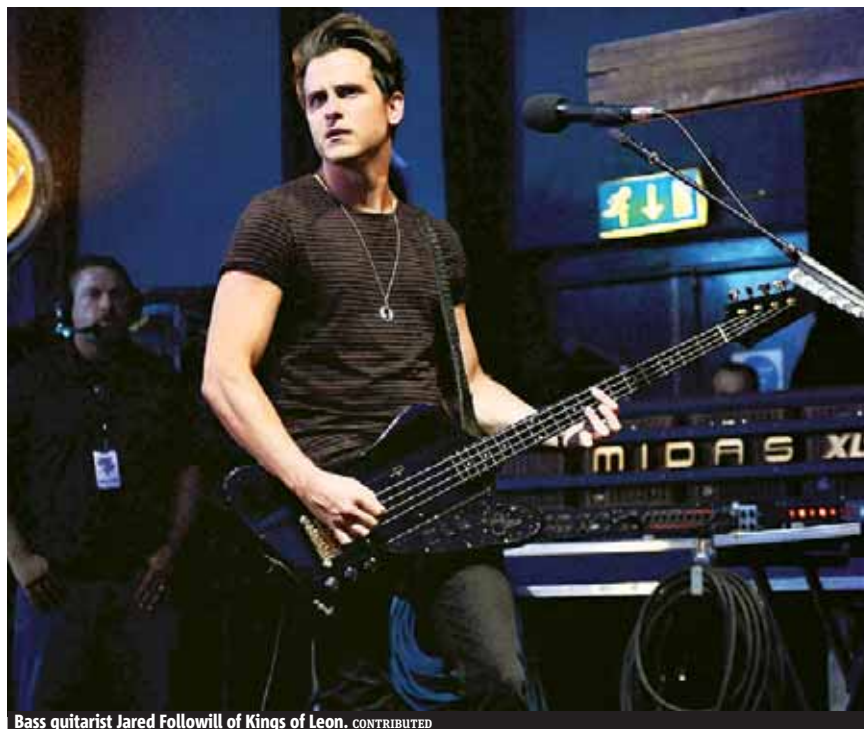
At the Kings Of Leon's pinnacle even the celibate were singing *Sex On Fire*. They were rock 'n' roll personified — a multi-platinum fourth album *Only By the Night* in 2008, lingerie models, and rumoured riders of excess that read like an illicit pharmaceutical shopping list.

Their 2011 mega-tour should have undisputedly confirmed the Followill brothers — Caleb, Jared and Nathan; and cousin Matthew — as rock's royal family. Instead, it ended in self-inflicted regicide, when frontman Caleb delivered this gutter-style mid-show abdication in Dallas.

"I'm gonna go backstage and I'm gonna vomit; I'm gonna drink a beer and I'm gonna come back out and play three more songs."

He never returned. The tour was over.

But after their two-year hiatus, the Kings are back to reclaim their throne. The Nashville-based band's sixth album, *Mechanical Bull*, which dropped on Tuesday, certainly seems a return



Bass guitarist Jared Followill of Kings of Leon. CONTRIBUTED

to form, with all the rawness and frank storytelling-lyricism of the band's early albums.

"There's a conscious effort to have a little bit more energy on this album," says bassist Jared, who opens up about childhood rebellion, his LSD trip and riding a mechanical bull — naturally.

It's called *Mechanical Bull*. Do you have any experience of riding one of those?

A couple. I did one at this party called the Neon Carnival Party in California at Coachella. And I'm pretty sure I'm the only one that rode it correctly with one hand in the air. Everybody else was using two hands and would be like, 'Man, it's so easy. I stayed up there for like 30 seconds.' And it's like — 'because you cheated.'

Did you have a beer in your hand?

Yup. And tequila in my mouth.

Was the hedonism of your early days a rebellion against your religious upbringing?

Probably not consciously but it was definitely like an animal that had been let out of a cage and allowed to roam free. I feel like every single person I know who grew up in the United Pentecostal Church, if they ever get out of it, they go crazy for at least

One more question

On the topic of sibling rivalry, you must have been pretty keen to sleep with as many girls as humanly possible. Did you ever get into any funny situations where you were going after the same girls as your brothers and cousin?

• Quote. "No. And I definitely

ly did not try to sleep with as many girls as possible. I wasn't going for the Wilt Chamberlain thing. I'm really weird about that. I have trouble drinking after people, like if someone took a drink of my drink, even if it's full, I usually won't finish it."

Party days

"We did drink a lot but I think that the reason why the meltdown happened wasn't necessarily because of drinking."

Jared Followill
Talking about his partying days

a few years. You'll see them out and they'll either have ridiculous hair or the girls will dress so inappropriately. I don't want to say a word that will get me into trouble, but the girls are completely out there.

Your love of rock music from the early ages is in stark contrast to the church music. Did it form part of your escapism?

Yeah, it was almost in a sense like when you said earlier "was the hedonism part of a rebellion?" That wasn't so much consciously as maybe rock music felt rebellious to us. Because growing up, we weren't allowed to listen to anything. Our parents would

let us listen to music from the '50s and '60s because a lot of the themes were toned down. But we would hear stuff every once in a while. I remember hearing sneak-peeks of Nirvana and stuff at friends' houses and even, like, being a young kid in fifth or sixth grade hearing Oasis or even Bush and people like that and thinking, "Holy shit, that is awesome."

If you hadn't have had that meltdown in 2011, would you have continued with the hedonism or did you need that?

I think at that point, we weren't even that hedonistic. I feel like we just drank. When people talk about our drug days, they think, "Oh my god, those guys were doing drugs constantly!" and we really weren't. I wouldn't say we had never done a drug or anything like that — obviously we smoked weed and stuff. Even in 2011, we did drink a lot, but I think that the reason why the meltdown happened wasn't necessarily because of drinking.

Gunther von Hagens'

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Interview. Their self-titled third album is a statement of self identity: they're undefined and intangible

RICHARD PECKETT
Metro World News

MGMT's Andrew VanWyngarden and Ben Goldwasser never wanted to be famous. But quirky poppy zingers like Kids, Electric Feel and Time To Pretend from their debut 2007 album Oracular Spectacular made them household names, especially after being featured in movies such as 21, TV shows like The Voice and a Nokia ad. It was like their psychedelic private art

house jamming session had been crashed by an accidental open Facebook invitation.

Rather than embrace the masses, the Brooklyn-based duo stoically continued with an ever more zany second album, Congratulations, in 2010.

Indeed, the early days of face paint, hippy headwear and neon accents were discarded in a now forgotten fancy-dress box — and Kids was no longer on the set list.

This apparent fan neglect reads as anti-commercial label career suicide; MGMT's paradoxical style can seem frustratingly hipster but they, as self-indulgent as this sounds, are out to please themselves. The 30-year-old rockers are in an enviably privileged position with the backing of a major label (Columbia), free to satiate their

musical whims — something they've taken into their self-titled third album MGMT.

You said that your music has been misunderstood in the past. Is this album about reestablishing your identity?

I feel like we're presenting ourselves in the way we'd like to be seen. I think it's

a little strange to us that people want to impose a narrative on us as a band. We're not thinking too much about what our image is or what we'd like to be known for.

Your music is often described as paradoxical. Is it important for you to create something that's intangible or ineffable?

I think in a lot of ways music is always about the intangible.

I think our album is music that a lot of people could get into, potentially. We're not trying to scare or be intentionally experimental, but also I don't think you want to be known only as a band who writes quirky pop songs.

You get a lot of criticism for alienating your fans but you've got nearly four million Facebook likes.

Do you find it frustrating that critics and people keep harking back to the days of Time to Pretend and Kids?

It's frustrating; we've never intentionally alienated anybody.



MGMT: forever being misunderstood. CONTRIBUTED

One more question

What do you dislike about pop culture?

- Quote.** "I don't want to say that I dislike it. It has its place, but I think there's room for a little more subtlety in pop culture. It's really strange for us as a band because we've been accepted by mainstream culture kind of by accident. But we also draw so much of our inspiration from underground stuff that never reached the mainstream."

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Zac Efron. ALL PHOTOS GETTY IMAGES

Rehab was inevitable after troubled Efron started 2013 'like a junkie'

A new report in the National Enquirer details how Zac Efron kicked off 2013 — with troubling behaviour that likely led to his rehab stint in the spring. An anonymous source recounts watching the 25-year-old star pass out after a night of abusing prescription painkiller Oxycodone as well as alcohol, marijuana

and Adderall at New York's Thompson Hotel on Jan. 3. "I was scared for him," the source says. "He was like a junkie. He wanted the drugs so bad. He went through a lot of pills even though it was clear he was entering a danger zone. My worst fear was that he had died from an overdose."



Lindsay Lohan

Schedules to blame for Lohan's latest break up

Looks like it's a no-go for Lindsay Lohan and former football player Matt Nordgren, who have reportedly split up after briefly dating, according to Us Weekly.

"Their work schedules and the distance just make dating impossible," a source says. "He really likes her. He thinks she's back on top, emotionally and physically."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Could it be?! Drake and Chris Brown patch things up

MELINDA TAUB
Metro World News in NYC

Make new friends, but keep the old. One is silver and the other beat up a lady one time. Chris Brown and Drake have squashed their beef and they may even become pals, according to Page Six. The pair apparently met up at the iHeartRadio Music Festival in Las Vegas this weekend, which Drake and his crew attended specifically to catch Brown's performance. "Drake came on Friday with his whole crew, and watched Chris' entire set," a source said. The happy reunion continued after the show: "They were backstage hugging and drinking," another source

reports. Apparently, the meeting went so well that the pair are talking about collaboration on tracks, even though no one should ever want to be friends with Chris Brown or work with him or talk to him, so he eventually has to become a garbage man and live in the dump. Hopefully Drake is just pretending to be Chris's friend so it'll sting even more when he has to become a garbage man. Brown recently took time off from drinking fruity cocktails and hitting the beach in Hawaii to tag a wall with epithets like "F— police" alongside what is apparently a shout-out to the Bloods. Brown, he of sound life choices, signed his illegal street art with the words "Fruits Piru," which people who know more about the intricacies of urban gang life than we do speculate is a reference to the Fruit Town Piru gang, a subset of the scary-as-hell L.A. gang.



Amanda Bynes

Bynes' lawyer wants her hitting-cop-car case held in mental health court

Amanda Bynes was set to resurface this week for a court appearance stemming from her 2012 arrest for hitting a police car with her rented BMW, but Bynes' lawyer wouldn't let her near the courthouse. Attorney Richard Hutton claims that Bynes doesn't currently have the mental capacity to fully comprehend the legal proceedings, asking the judge to refer

the case to the mental health court, according to E! News. "The mental health court will examine Bynes and determine her competency to stand trial," he says. Bynes is currently under observation at the UCLA Medical Center, and a hearing is set for next week to determine if her parents' temporary conservatorship should be made permanent.

Twitter



@JimCarrey
It's gonna be an amazing day! You know why? CUZ I DOUBLE FRICKIN' STAMPED IT!



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DRUG MART

You can always rely on Milan for two things: exuding luxury, and being fashion month's halfway mark. The latter means we can move from tentative to confident in our breakdown of the trends for SS14. Despite the markedly different scenes across New York, London and Italy, discernible similarities have already emerged, so take note.

KIT GILBERT
Metro World News

Skin is in

If there's one thing Milan has over every other fashion capital, it's sex. It returned this season in the form of super sheer garments, peek-a-boo cut outs, belly-grazing necklines and hemlines your mother wouldn't approve of.



Gucci

White is trending

Just when we're all digging out our winter blacks and grays, white starts to trend on the runway. The summer shade has been everywhere, including Jil Sander, Sportmax, Versace and Alberta Ferretti, who played on its more innocent connotations.



Alberta Ferretti

'90s minimalism reigns

Will the '90s ever get old? It appears not, as the era's minimalist esthetic is going nowhere. With everyone apparently singing from the same Calvin Klein sheet, it's slip dresses and spaghetti straps galore — with a strict colour palette of neutral shades.



Max Mara

The shirt dress is a bona-fide thing

Whoever first decided to wear her boyfriend's shirt as a dress must have been an audacious woman. Thankfully, we're no longer going to have to tug at those tails to stay decent, as the shirtdress is now a thing. It's popped up all over the fashion circuit and it's made its way to Milan via No. 21 and Tod's where floral, spangled embellishments and eyelets send this idea into more wearable territory.



No. 21

8

things Milan told us about la mode

We've got tiers in our eyes

Things that have tiers include wedding cakes and football stadiums. Now you can add clothes to the list, as Simone Rocha, Meadham Kirchhoff and Herve Léger all added layer upon layer to their creations. And we're not talking ruffles either — these are hard-edged, angular strips of fabric. Our Milan favourite in this department is Fendi, which showed ombre cascades.



Fendi

Pastels are back, but not as you know them

Pastels are a perennial favourite for spring, with Louis Vuitton's 2012 collection providing the benchmark for working with these candy colours. This season, it's a little less saccharine than your standard sugary fare.



Luisa Beccaria

Satin makes a comeback

In all likelihood you last wore satin in the form of a dodgy strapless gown to prom. The stiff, lustrous fabric has the potential to date an outfit all too quickly, but this season it has made some serious sartorial headway. Popping up at Rodarte and Zero + Maria Cornejo in tougher looks, Blugirl brought it to Milan with floral-dotted shift dresses and sharply pressed trousers.



Blugirl

The graphic print party is still happening

No one quite owns the idea of print mixing like Prada and Marni, both of which showed stellar graphics that were as much about texture and colour as they were about print. The new designer, Stella Jean and Emilio Pucci, meanwhile, took the more traditional ethnic route, referencing African prints.



Prada

3 TIPS

Shrimp, Cherry Tomato and Goat Cheese Bake: Layers of flavours



ROSE REISMAN
For more, visit
rosereisman.com or
follow her on twitter
@rosereisman

If you're looking for a quick and delicious one pot meal this hits home.

The shrimp compliments the delicate sweet tomatoes and creamy goat cheese. Serve the dish with a side of green salad.

You can prepare the entire dish earlier in the day and bake at 400 F for five to eight minutes. It's also great at room temperature.

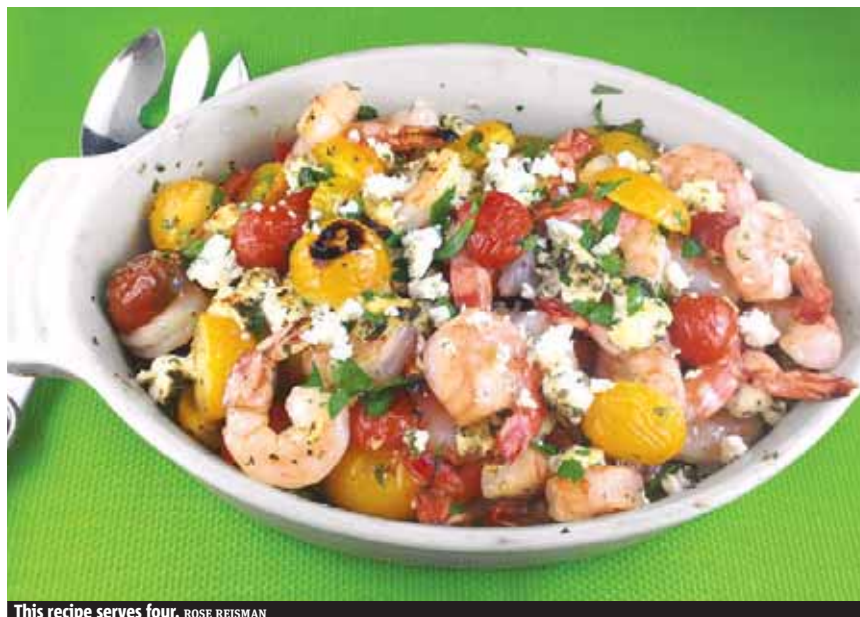
1. Preheat the oven to broil and spray an 8-inch baking dish with cooking oil. Preheat a non-stick grill pan or barbecue to medium-high.

2. Grill shrimp for approximately 4 minutes, turning halfway through the cooking time. Do not overcook. Place in the prepared baking dish.

Ingredients

- 1 1/2 lb peeled and deveined shrimp
- 3 cups of cherry tomatoes sliced in half
- 1/4 cup chopped cilantro or parsley
- 1 1/2 tsp crushed fresh garlic
- 1 tsp dried basil
- 1 tsp minced jalapeño peppers
- pinch salt and freshly ground black pepper
- 1/2 cup crumbled goat cheese
- 1 tbsp olive oil
- 2 tsp freshly squeezed lemon juice
- 2 tbsp chopped cilantro or basil

3. Combine the tomatoes, cilantro, garlic, dried basil, jalapeño pepper, salt and pepper. Mix well and pour over the shrimp. Sprinkle with the goat cheese. Broil for 2 minutes or just until



This recipe serves four. ROSE REISMAN

browned. Remove from the oven.

4. Combine the oil and lemon juice and drizzle over the top.

Garnish with the cilantro and serve.

Cajun-inspired Down Home Shrimp packs a hint of heat

1. In bowl, combine shrimp, lemon juice and cayenne. Stir, cover and refrigerate until ready to use.

2. Shrimp stock: Combine shrimp shells, wine and water in saucepan. Bring to boil, reduce heat; simmer 15 minutes. Strain, pushing shells against sieve to extract as much flavour as possible. Measure 250 ml (1 cup); set aside. Freeze excess.

3. In skillet, heat oil over medium heat. Add onion and celery and cook, stirring, until softened, 5 minutes. Add peppercorns, salt, thyme and bay leaves and cook, stirring, 1 minute. Add tomatoes with juice and bring to a boil.

4. Transfer to slow cooker stoneware. Stir in shrimp stock. Cover and cook on low for 6 hours or on high for 3 hours. Stir in okra, corn and bell pepper. Cover and cook on high for 20 minutes, until okra is tender. Remove and discard bay leaves.

5. When you are ready to



This recipe serves four. COURTESY THE CANADIAN PRESS

serve, heat 15 ml (1 tbsp) of the clarified butter in a small skillet over medium heat. Add garlic and cook, stirring, for 1 minute. Increase heat to medium-high. Using a slotted spoon, immediately add

reserved shrimp, in batches, and cook, stirring, until they turn pink, adding remaining butter as necessary. Transfer to slow cooker as completed. Add marinade juices to pan and cook, stirring, for 1

Ingredients

- 500 g (1 lb) shrimp, peeled and deveined, shells reserved
- 30 ml (2 tbsp) lemon juice
- 1 ml (1/4 tsp) cayenne pepper
- 250 ml (1 cup) dry white wine
- 250 ml (1 cup) water
- 30 ml (2 tbsp) extra-virgin olive oil
- 1 onion, finely chopped
- 2 stalks celery, peeled and diced
- 5 ml (1 tsp) cracked black peppercorns
- 2 ml (1/2 tsp) sea salt
- 2 ml (1/2 tsp) dried thyme
- 2 bay leaves
- 1 can (398 ml/14 oz) diced tomatoes with juice
- 500 ml (2 cups) thinly sliced young okra pods
- 250 ml (1 cup) corn kernels
- 1 red bell pepper, seeded and diced
- 30 ml (2 tbsp) clarified butter
- 2 cloves garlic, minced

minute. Add to slow cooker, stir well and serve. **THE CANADIAN PRESS/ THE 163 BEST PALEO SLOW COOKER RECIPES BY JUDITH FINLAYSON (ROBERT ROSE INC., 2013).**

App. Thai Shrimp Cakes & Avocado-Mango Salsa



turning once, until firm and pink, about 5 minutes. Transfer to paper towel-lined tray. Wipe out pan and repeat with more oil and shrimp cake mixture until all cakes are cooked.

4. Transfer to rack-lined tray and keep warm in 200 F (100 C) oven while cooking remaining cakes. Serve topped with Avocado-Mango Salsa.

MISSAVACADO.CA

Ingredients

Avocado-Mango Salsa

- 2 firm-ripe Mexican avocados, halved, pitted, peeled and diced
- 1 1/2 cups (375 ml) finely diced fresh ripe mango
- 1/4 cup (60 ml) chopped fresh cilantro
- 2 tbsp (30 ml) rice vinegar
- 4 tsp (20 ml) sesame oil
- 1 tsp (5 ml) soy sauce

- 2 lb (1 kg) raw shrimp, peeled and deveined
- 1 egg
- 2/3 cup (150 ml) minced sweet red pepper
- 2 tbsp (30 ml) minced ginger
- 2 each green onions and cloves garlic, minced
- 1 1/2 tbsp (22 ml) fish sauce
- 1 tsp (5 ml) sriracha sauce
- 1/3 cup (75 ml) vegetable oil

1. Salsa: In bowl, combine avocado, mango, cilantro, rice vinegar, sesame oil and soy sauce; set aside.

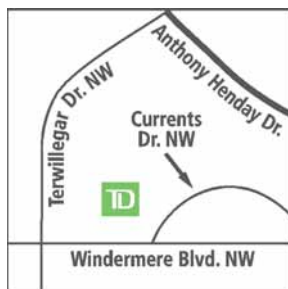
2. In food processor, coarsely chop shrimp, pulsing 6 times. Add egg, red pepper, ginger, green onion, garlic, fish sauce and sriracha sauce; pulse 3 or 4 times, just to incorporate.

3. In stick-resistant skillet, heat some oil over medium heat. Using two spoons, mound cakes, using 2 tablespoonfuls (30 ml) per piece into pan, using back of spoon to flatten each to 1/2-inch (1 cm) rounds. In batches, fry shrimp cakes,

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A living room couched in style

A four-part series to help you get one of the most important spaces in the home looking great.



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

In this four-week series, I'll serve up decor tips to get your living room looking fabulous in time for the holidays. Today I tackle the largest furniture piece in the room: the sofa.

Size

For those living in smaller homes, the challenge is to find the right sofa that fits seamlessly without taking over the space. Luckily, there's an easy way to measure the size of sofa your room can comfortably hold: Measure the width of your room — your sofa should be 2/3 of that measurement. For instance, if your room is 10 feet wide, the sofa length should be about six feet by six inches. This allows the sofa to fit nicely on the smaller wall or helps to divide a long room and still allow space on each end for side tables. By fitting the sofa to the shorter wall, you are guaranteed it fits on the longer wall as well.

Style

The style of sofa reflects many things; whether you like a modern or traditional decor, the comfort level you require and the colour of covering desired. A sofa with a rounded arm, skirted bottom and light-to-medium neutral fabric will look best in a traditional setting while a square-armed, exposed wood (or metal) leg and a very light or very dark covering will imply a modern feel. If you fall asleep watching TV on your sofa every night, then choose one with lower and deeper



Is your living room in need of a facelift? CONTRIBUTED

What's in a name?

I call it a sofa, my parents call it a couch and my grandma called it a chesterfield. What do they all mean?

- **Sofa.** A long and comfortable piece of furniture on which a person can sit or lie down. From the Arabic word suffah.
- **Chesterfield.** See couch. A Canadian/English name for couch.
- **Couch.** A long upholstered piece of furniture designed for several sitters.

seating for ultimate comfort. If you use your sofa strictly for entertaining, then a higher seat and less depth is recommended in order to sit upright. As for coverings, there are many to choose from. A plain, neutral covering will add longevity to the look of your sofa. The cov-

ering choice (everything from linen to leather) is all about the durability you might require. A warm neutral colour works best in traditional settings and cooler tones in modern.

Cost

Consider the budget for decorating your living room; a sofa should eat up about 20 per cent of the budget. If you have not budgeted for your room's decor, then another way is to consider how long you will want your sofa; each year should cost about \$250. For instance, if you plan on keeping a sofa for only three to five years then an \$800 to 1,200 cost would be suitable. If you want it to last for 10 to 15 years then pay around \$2,500 to \$4,000. The fabric is the first thing that will get worn out, followed by the internal support/springs. These are the two things you should investigate and ask about; especially when purchasing a sofa you want to keep long term.

Next week: Part two: Choosing tables and lighting.



A traditional sofa with rounded arms, skirted bottom and upright seating. Chandler Sofa, from \$3,100, ethanallen.ca. CONTRIBUTED



Low, deep seating with square edges and exposed metal legs make this sofa perfect for a casual, modern living room. Mondrian Sofa, \$1,100, Urban Barn, urbanbarn.com. CONTRIBUTED

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Flea market finds.

Shabby Chic author shares her tips and tricks for searching for that special something to add to your home

Even though it's been 15 years since Rachel Ashwell's Shabby Chic: Treasure Hunting & Decorating Guide was released, the queen of thrifting still sees people walking around flea markets with the classic tome in hand.

"It's become a little bit of a flea market bible," she admits.

Well, navigating those antique-filled aisles just got a bit easier as HarperCollins recently re-released the book in paperback.

To further help your scavenging adventures, we checked in with Ashwell for tips on scoring the best trinkets and treasures.



Rachel Ashwell CONTRIBUTED

Early bird gets the worm

"Start early. Be there the minute the market is open, if not before. You gotta find those treasures and if you snooze, you lose."

Have a game plan

"When I go clothes shopping I get overwhelmed if I don't have my shopping list and end up coming back with nothing. If you're a specific shopper, then have items in mind."

Shopping tips

Scour flea markets for these great items:

- Wall mirrors
- Lamps, chandeliers
- Cabinetry
- Mixed-matched China
- Candlesticks

Measure beforehand

"Know the size of a table or cabinet you're looking for, and not just the size of where it's going live, but how it's going to get there. There's nothing worse than measuring for a beautiful, big cabinet but it has to go through a teeny hallway."

Note the vendor's location

"If you buy something and want to pick it up later,

make sure you write down where you're going to pick it up from, because, at the end of the day, all those aisles look the same. And write down a phone number!"

When to negotiate

"Before I even look at a tag, I ask myself, 'What's the most I'll pay for that mirror?' So I already know where the price needs to be. If it's higher than that price, I'll ask respectfully, 'I'm sure it's worth that, but for my purpose I can only pay \$50. I don't want to insult you, but I'd love to buy it for that. If not, no hard feelings.'"

Don't go crazy with tchotchkes

Make sure your trinkets are both beautiful and functional.

"I can't bear curiosity cabinets that are just filled with pretty things that are never going to get used."

METRO



There are plenty of treasures to be found at a flea market — if you know when and where to look. iStock

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Let us give thanks for dining decor

Fresh for fall. Just in time to serve your turkey are some funky, modern items from Crate and Barrel for casual entertaining

of which centres on “casual entertaining.”

So what exactly do causal shindigs mean for designer Navone?

Based on the first installation — launched on crateandbarrel.com on Sept. 9 — we'd say a packed dinner party with lots of good things to eat.

The designer created tabletop essentials, including platters, bowls, cutlery sets and linens in electric blue-and-white patterns (she was inspired by the Mediterranean).

To shake things up, pops of red appear on a swirly candleholder and industrial lights, and a woven chair with reclaimed teak legs add warmth.

The collection also includes 11 dining table options, which shoppers can mix and match with nine different seating styles.

Our favourite is the gray and white bench, complete with an ever-so elegant backrest.

It would seem that no one's leaving our tricked out table hungry or with a backache — just in time for Thanksgiving.

TINA CHADHA
Metro World News in New York

First, Ikea released its sleek upscale Stockholm collection inspired by mid-century modern classics.

Then H&M followed with the launch of their much-anticipated home line and e-commerce site — seriously, the copper candle holders and knit throws look straight out of a high-end boutique. Pretty impressive for H&M.

Now, Crate and Barrel is leaving us no choice but to start hosting.

The furnishings brand partnered with renowned Italian interior designer Paola Navone — a wiz at creating funky, modern decor inspired by Asian and African handicrafts — for three collections, the first

Mosaic VISTA

JOIN US IN CHAPPELLE GARDENS Saturday, September 14

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The one- and two-level homes start from the mid \$200,000s, and are up to 1,644 sq. ft. Within the community of Chappelle Gardens, residents can take advantage of stunning ravine views and convenient access to an array of retail, recreational and community amenities.

*\$10,000 offer is only valid on day of event, Saturday, September 14. This offer cannot be extended.

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Brookfield Homes

The Best Places to Call Home

Home cleaning

Go natural to clean Plexiglas

How do you clean Plexiglas?



As Plexiglas becomes a more popular material that many of us have in our homes, it occurred to me that most people don't know how they should begin to clean it. Plexiglas as a material is used to build furniture; I myself have a Plexiglas coffee table. It's also used in decorative arts material and even in some picture frames to replace glass for weight.

So how do we clean



Don't use a product with ammonia to clean Plexiglas; it will turn the material yellow over time. iStock

this material?

Never use a product with ammonia, as this will make it turn yellow over time. The best way to clean this is with an all purpose cleaner (50 per cent water and 50 per cent white vinegar) and a soft cloth such as cotton or microfibre.

So there you have it. You are now an expert on how to clean Plexiglas.

Tennis

Bouchard's game translates well to Tokyo

Montreal's Eugenie Bouchard will try to continue her string of big wins at the Pan Pacific Open when she faces American star Venus Williams in the quarter-finals.

Bouchard upset sixth-seeded Jelena Jankovic of Serbia 7-5, 6-2 on Wednesday, a day after ousting No. 8 Sloane Stephens of the U.S. **THE ASSOCIATED PRESS**

Basketball

Canada tops Cuba to stay undefeated

Forward Tamara Tatham had a game-high 17 points and nine rebounds, and Canada's women's basketball team defeated Cuba 53-40 on Wednesday to finish the group stage undefeated at the FIBA Americas Championship for Women.

Guard Kia Nurse added 13 points, four rebounds and three assists as Canada finished with a record of 4-0, good for first in Group A. Canada will play the second-place team from Group B in Friday's semi-finals. **THE CANADIAN PRESS**

NCAA basketball



"It just caught my heart. This is where I felt like I belonged.... I felt more at home here than anywhere else."

Canadian basketball star Andrew Wiggins as his Kansas Jayhawks met with media on Wednesday.



From left, Brendan Ryan, Robinson Cano and Mark Reynolds wait during a pitching change on Wednesday. The Yankees will also have to wait until 2014 to make another run at the playoffs. KATHY WILLENS/THE ASSOCIATED PRESS

End of the Empire: Rays oust Yankees

Bye, Bronx Bombers. Yankees mathematically eliminated from the post-season for first time since 2008

The New York Yankees failed to make the playoffs for only the second time in 19 years, getting mathematically eliminated Wednesday night during an 8-3 loss to the Tampa Bay Rays.

Evan Longoria homered twice as the Rays won their sixth straight and lowered to three their magic number over

Texas for clinching an AL wild-card berth.

Slowed by age and hobbled by injury, the Yankees (82-76) were chased with two outs in the bottom of the eighth inning when the Cleveland Indians completed a 7-2 win over the Chicago White Sox. Despite baseball's highest opening-day payroll at \$230 million, the Yankees failed to claim one of the 10 playoff berths.

"We didn't get to where we wanted to get," manager Joe Girardi said after it was over.

Since starting the latest run of success in 1995, New York had missed the playoffs only

On Wednesday

8

Rays

3

Yankees

in 2008 — when the team bid goodbye to old Yankee Stadium. This time, the Yankees are saying goodbye to Mariano Rivera and Andy Pettitte, who are retiring when the season ends Sunday.

Before a quiet crowd of

37,260, the Yankees lost for the eighth time in 11 games and were eliminated from contention for a playoff berth on their own field for the first time since 1991.

Fans figure to be more exuberant during Thursday night's home finale, when Rivera likely will make his final Yankee Stadium appearance.

David Price (9-8) ended a five-start winless streak, one shy of his career worst, and Longoria drove in four runs.

Price allowed two runs and six hits in seven innings with eight strikeouts and no walks.

THE ASSOCIATED PRESS

4 SPORTS

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New Sens MacArthur, Ryan score on Habs

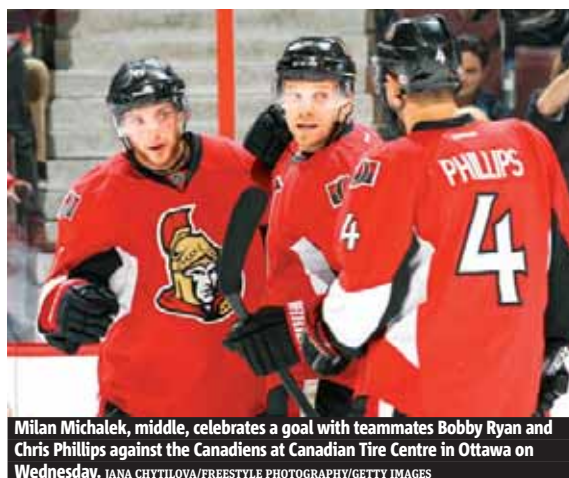
NHL. Former Ducks winger gives fans a scare after injury keeps him out of 3rd period

Bobby Ryan scored for Ottawa and also gave the Ottawa Senators a scare in their 5-2 win over the Montreal Canadiens Wednesday.

Ryan left the game with just over five minutes remaining in the second period after a collision behind the net, but returned shortly after. However, the Senators opted on the side of caution and kept him out of the lineup for the third period.

Cory Conacher, Clarke MacArthur, Milan Michalek and Mika Zibanejad also scored for Ottawa, while Andrew Hammond made 24 saves.

Magnus Nygren and Raphael Diaz scored for Montreal,



Milan Michalek, middle, celebrates a goal with teammates Bobby Ryan and Chris Phillips against the Canadiens at Canadian Tire Centre in Ottawa on Wednesday. JANA CHYTILOVA/FREESTYLE PHOTOGRAPHY/GETTY IMAGES

while Peter Budaj faced 32 shots.

The Senators are 4-1 in pre-season play, while the Canadiens are 2-3-1. The teams meet again Thursday in Mont-

real.

This was their first meeting since the Senators eliminated the Canadiens last spring in the playoffs.

Montreal opened the scor-

ing as Nygren beat Hammond with a shot from just inside the blue-line. Ottawa tied the game minutes later as Conacher fed a trailing MacArthur.

Ottawa ended the period with a 2-1 lead on Ryan's power-play goal.

The Senators made it 3-1 on Michalek's goal as he managed to dig the puck out during a goal-mouth scramble and roofed it over Budaj.

Conacher made it 4-1 with a power-play goal, while Zibanejad picked up his first of the pre-season to make it 5-1.

Hammond made some of his best saves in the third despite allowing a weak goal glove-side to Diaz.

Senators defenceman Patrick Wiercioch left the game with what appeared to be a leg injury late in the first period, but did return early in the second. **THE CANADIAN PRESS**

NFL. Ex-Charger commits suicide in Atlanta: Officials

Former San Diego Chargers and University of Georgia defensive back Paul Oliver committed suicide at his Atlanta-area home, a medical examiner said Wednesday.

The 29-year-old Oliver was found dead Tuesday night in Marietta, about 20 miles northwest of Atlanta, Cobb County Medical Examiner's investigator Tim Weaver said.

Oliver died of a self-inflicted gunshot wound, Cobb County police Sgt. Dana Pierce said.

THE ASSOCIATED PRESS



Paul Oliver with the Chargers in September 2009. THE ASSOCIATED PRESS

CFL

Ticats sign former Cowboys QB McGee

The Hamilton Tiger-Cats have signed import quarterback Stephen McGee.

The six-foot-three, 218-pound native of Round Rock, Texas, joins the Ticats after spending three seasons with the NFL's Dallas Cow-

boys and attending training camp with the Houston Texans earlier this year.

McGee was selected by the Cowboys in the fourth round (101st overall) of the 2009 NFL draft. In three appearances with the Cowboys, he threw for 420 passing yards and three touchdowns while adding 102 rushing yards.

THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	95	63	.601	—
Tampa Bay	89	69	.563	6
Baltimore	82	76	.519	13
New York	82	76	.519	13
Toronto	72	86	.456	23

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	93	66	.585	—
Cleveland	88	70	.557	4½
Kansas City	83	74	.529	9
Minnesota	66	92	.418	26½
Chicago	62	96	.392	30½

WEST DIVISION

	W	L	Pct	GB
Oakland	94	65	.591	—
Texas	87	71	.551	6½
Los Angeles	78	80	.494	15½
Seattle	69	89	.437	24½
Houston	51	108	.321	43

Wednesday's results

L.A. Angels 3 Oakland 1
Cleveland 7 Chicago White Sox 2
Baltimore 9 Toronto 5
Tampa Bay 8 N.Y. Yankees 3
Texas 7 Houston 3
Detroit 1 Minnesota 0
Kansas City at Seattle

Tuesday's results

Cleveland 5 Chicago White Sox 4
Toronto 3 Baltimore 2 (10)
Tampa Bay 7 N.Y. Yankees 0
Texas 3 Houston 2
Detroit 4 Minnesota 2
L.A. Angels 3 Oakland 0
Seattle 4 Kansas City 0

Thursday's games

All times Eastern
Toronto (Buehrle 12-9) at Baltimore (Gonzalez 10-8), 7:05 p.m.
Tampa Bay (Cobb 10-3) at N.Y. Yankees (Nova 9-5), 7:05 p.m.
L.A. Angels (Williams 9-10) at Texas (Garza 4-5), 8:05 p.m.
Kansas City (Guthrie 14-12) at Chicago White Sox (Rienzo 2-2), 8:10 p.m.
Cleveland (McAllister 9-9) at Minnesota (Albers 2-4), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	93	65	.589	—
Washington	84	75	.528	9½
New York	73	85	.462	20
Philadelphia	72	86	.456	21
Miami	59	100	.371	34½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	94	65	.591	—
Pittsburgh	91	68	.572	3
Cincinnati	90	69	.566	4
Milwaukee	71	87	.449	22½
Chicago	66	93	.415	28

WEST DIVISION

	W	L	Pct	GB
Los Angeles	91	66	.580	—
Arizona	80	77	.510	11
San Diego	73	84	.465	18
San Francisco	72	85	.459	19
Colorado	72	86	.456	19½

Wednesday's results

N.Y. Mets 1 Cincinnati 0
St. Louis 4 Washington 1
Chicago Cubs 4 Pittsburgh 2
Milwaukee 4 Atlanta 0
Miami 3 Philadelphia 2
Boston at Colorado
Arizona at San Diego
L.A. Dodgers at San Francisco

Tuesday's results

N.Y. Mets 4 Cincinnati 2
Atlanta 3 Milwaukee 2
Philadelphia 2 Miami 1
Pittsburgh 8 Chicago Cubs 2
St. Louis 2 Washington 0
Colorado 8 Boston 3
Arizona 2 San Diego 1 (12)
L.A. Dodgers 2 San Francisco 1
Thursday's games
All times Eastern
Arizona (Cahill 8-10) at San Diego (Erlin 3-3), 6:40 p.m.
Milwaukee (Hollweg 1-4) at N.Y. Mets (Gee 12-10), 7:10 p.m.
Philadelphia (Cloyd 2-6) at Atlanta (Hale 0-0), 7:10 p.m.
L.A. Dodgers (Volquez 9-12) at San Francisco (Lincedum 10-14), 10:15 p.m.

CFL

WEEK 14

EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	12	8	4	0	354	315	16
Hamilton	12	6	6	0	316	329	12
Montreal	12	4	8	0	285	349	8
Winnipeg	12	2	10	0	251	368	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Calgary	12	9	3	0	373	301	18
B.C.	12	8	4	0	325	302	16
Saskatchewan	12	8	4	0	376	282	16
Edmonton	12	3	9	0	294	328	6

Friday's game — All Times Eastern

B.C. at Winnipeg, 8 p.m.

Saturday's games

Calgary at Hamilton, 6 p.m.

Toronto at Edmonton, 9 p.m.

Sunday's game

Saskatchewan at Montreal, 1 p.m.

NFL

WEEK 4

Thursday's game — All Times Eastern

San Francisco at St. Louis, 8:25 p.m.

Sunday's games

Seattle at Houston, 1 p.m.
N.Y. Giants at Kansas City, 1 p.m.
Pittsburgh at Minnesota, 1 p.m.
Baltimore at Buffalo, 1 p.m.
Arizona at Tampa Bay, 1 p.m.
Cincinnati at Cleveland, 1 p.m.
Indianapolis at Jacksonville, 1 p.m.
Chicago at Detroit, 1 p.m.
N.Y. Jets at Tennessee, 4:05 p.m.
Philadelphia at Denver, 4:25 p.m.
Dallas at San Diego, 4:25 p.m.
Washington at Oakland, 4:25 p.m.
New England at Atlanta, 8:30 p.m.
Monday's game
Miami at New Orleans, 8:40 p.m.

MLS

Friday's game — All Times Eastern

Philadelphia at Kansas City, 8 p.m.

Saturday's games

D.C. United at Toronto FC, 1 p.m.
Real Salt Lake at Vancouver, 7 p.m.
Houston at New England, 7:30 p.m.
Montreal at Chicago, 8:30 p.m.
Sunday's games
Los Angeles at Portland, 3:30 p.m.
Columbus at FC Dallas, 8:30 p.m.
New York at Seattle, 9 p.m.
San Jose at Chivas USA, 11 p.m.

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Horoscopes

Aries

March 21 - April 20

Mars in Leo does wonders for your confidence but don't let that blind you to the realities of your money situation. Saturn in Scorpio warns it could cost you big time if you take a risk that is best avoided.

Taurus

April 21 - May 21

Disputes are inevitable but none of them are of any real importance, so don't get drawn into slanging matches with people whose main motivation seems to be envy.

Gemini

May 22 - June 21

Check the facts several times today. Neptune, planet of illusion, is strong at the moment, so your mind could easily play tricks on you.

Cancer

June 22 - July 23

Good news will come out of nowhere today, easing your fears and making you realize how fortunate you really are. Also, a friend or colleague will offer you the kind of advice that money cannot buy. Take it.

Leo

July 24 - Aug. 23

You may have to force yourself to be enthusiastic about what you have to do today but once you get going it won't be the chore you feared it would be. It could even surprise you and make you some extra money.

Virgo

Aug. 24 - Sept. 23

A few days from now, you will get the chance to do something a bit out of the ordinary. In the meantime, treat yourself kindly and don't get involved with people who only ever waste your time.

Libra

Sept. 24 - Oct. 23

If you are happy with the way your life is going, that's great. If not, start making changes. The Sun in your sign means it's time to get your act in gear and get cracking on a scheme that is important to you.

Scorpio

Oct. 24 - Nov. 22

With the Sun linked to nebulous Neptune today, it's unlikely you will be thinking straight. Be wary of making plans you cannot easily get out of. Be wary of your feelings too. Can you trust them?

Sagittarius

Nov. 23 - Dec. 21

Your confidence may be at an all-time high and all things may seem possible but don't be deceived: There is still a lot of hard work to be done before you come close to reaching your number one goal.

Capricorn

Dec. 22 - Jan. 20

Life moves in cycles and the cycle you are on now mostly deals with your career and position in the wider world. Having said that, you can still find time for love — if you try.

Aquarius

Jan. 21 - Feb. 19

It's good that you are the forgiving sort but don't go too far and forgive people for crimes they should be punished for or you will get a reputation as a pushover.

Pisces

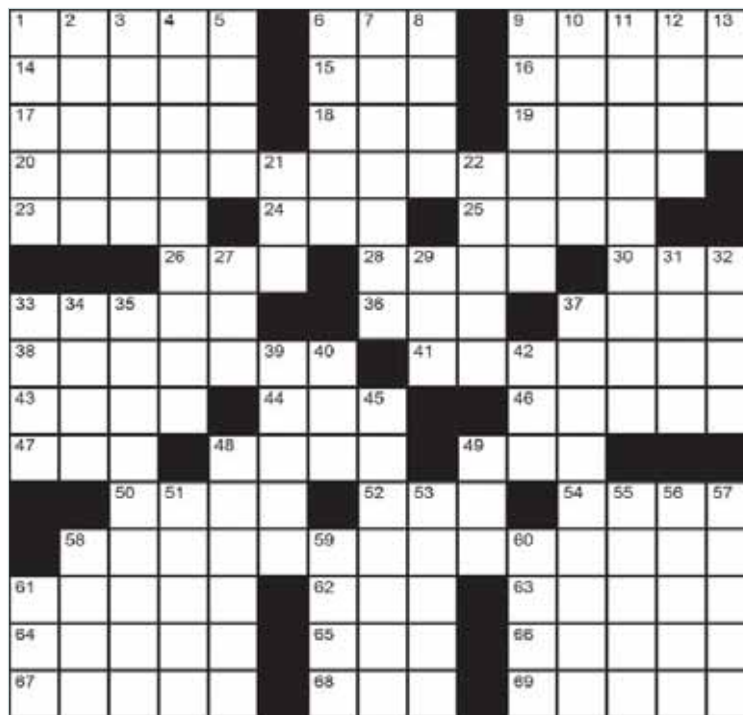
Feb. 20 - March 20

There's no point being uptight about situations that are beyond your control. That is the message of your solar chart today, so avoid confrontations you cannot win. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Wild guesses
- Work with a wok
- Canadian author Farley
- George Clooney job on TV, ___
- Deer sort
- "___ you to..."
- "That doesn't ___ thing!"
- Hawaii's ___ Beach
- ___ example
- Canada's is the Metric, the USA's is the what?: 2 wds.
- Cobblestone
- Alias acronym
- Roman love god
- 'Ball' suffix
- Famous river
- Discontinuity
- Composer Mr. Copland
- Polka's partner
- Low-lying area
- Comedian Ms. Handler
- Ottawa, for one
- Common sitcom roles
- Glaswegian's 'No'
- 99, for one, on "Get Smart"
- TV station
- Swindle
- Canada's financial TV channel
- Wharf
- Edible green thing
- Icelandic epic
- Temporary ___
- (Latest trend in manicures)



- Mr. Lauzon of Royal Canadian Air Farce
- British singer Rita
- Totally consumed: 2 wds.
- Gambling destination, Monte ___
- Giggling, texting-style

- Curt
- Kelly Clarkson's "Since ___ Gone"
- Sacred chest
- Industrial city in Germany

Down

- 18-wheelers

- New Orleans-set HBO series
- Adjust
- Pre-history working implements: 2 wds.
- Boo-boo
- 1978 disco hit: "Le ___"
- "The X Factor" judge Kelly

- Fancy 'fors'
- "Did you ___?" (Returnee's query)
- John Keats poem, ___ a Nightingale
- Political headline-grabber in the 1970s
- Ancient Syria's biblical name
- Midmorning time

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

- Sir McKellen
- Conference of 1945 of the Big Three
- Slip-___ (Some shoes)
- Winter/Summer games org.
- Actor Mr. Arkin
- Throw a snowball
- Australian band
- Captain in "Moby Dick" (1956)
- Moscow tourist attraction: 2 wds.
- National Film Board short films shown during TV commercials time, Canada ___
- Britannica, e.g.
- US motorists org.
- Cook's need
- "The Last ___" (1987)
- Musical, Miss ___
- Sheep's sound
- Handy
- Canadian showbiz news show
- Getting-things-done people
- Put out, as flames
- ___, Colorado
- Grouch
- Ms. Falana
- ___ Modern (Art gallery in London, England)
- Hosp. ward for heart patients

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: 11°
MIN: 6°

FRIDAY



MAX: 13°
MIN: 4°

SATURDAY



MAX: 19°
MIN: 4°



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